

Reagan Fitzke

Honors Enrichment Follow-Up Essay

The honors enrichment award contributed to funding my education abroad opportunity in Oxford, England, at the University of Oxford over the Summer 2018 term. The program was five weeks long and was geared toward credit for my HONR392 course and 3 credits for my major in Psychology. The HONR392 course was an immersive Shakespeare course, where I was able to get out of my comfort zone and study something I have not had much previous experience in. It was great to be able to expand my knowledge to other fields in a way that I otherwise would not be able to, with a group of individuals who all brought their own thoughts and experiences to the course. I was able to learn so much from my peers on the trip, and had a lot of fun immersing myself in a different type of course than I am used to.

The other three credits were an independent study that allowed me to fully explore topics in my field of study that I otherwise would not have the opportunity to do. I was working one-on-one with two professors at Oxford, Dr. Anna Scarna and Dr. Gordon Claridge, on a tutorial that was centered around anxiety disorders and psychopathy. I wrote papers on PTSD, phobias, and the manifestation of psychopathy in individuals. The tutorial was a special opportunity to expand my education since it allowed for immersive discussion with professionals in the field in specific topics that I have interest in. This allowed for me to not only gain knowledge for my interest, but it also let me explore topics in my field of study that I may want to pursue in graduate education.

Overall this experience was great to learn in ways that otherwise would not be possible, and I was able to study at a world-renowned university with an incredible group of people. The enrichment award was helpful in making this possible for me to accomplish.